Level up your threat modeling practice

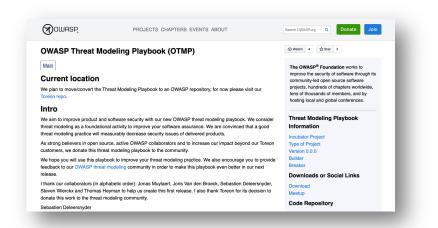
SecAppDev, 14 June 2022 Sebastien Deleersnyder, CTO Toreon

Agenda

- Threat modeling
- Leveling up we need a playbook!
- Get stakeholder buy-in
- Embed in your organization
- Training your people
- Strengthen your processes
- Innovate with technology
- Open sourcing our playbook / demo
- Q&A



https://github.com/OWASP/threat-model-playbook

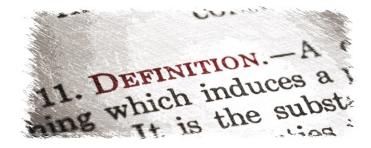


https://owasp.org/www-project-threat-modeling-playbook/





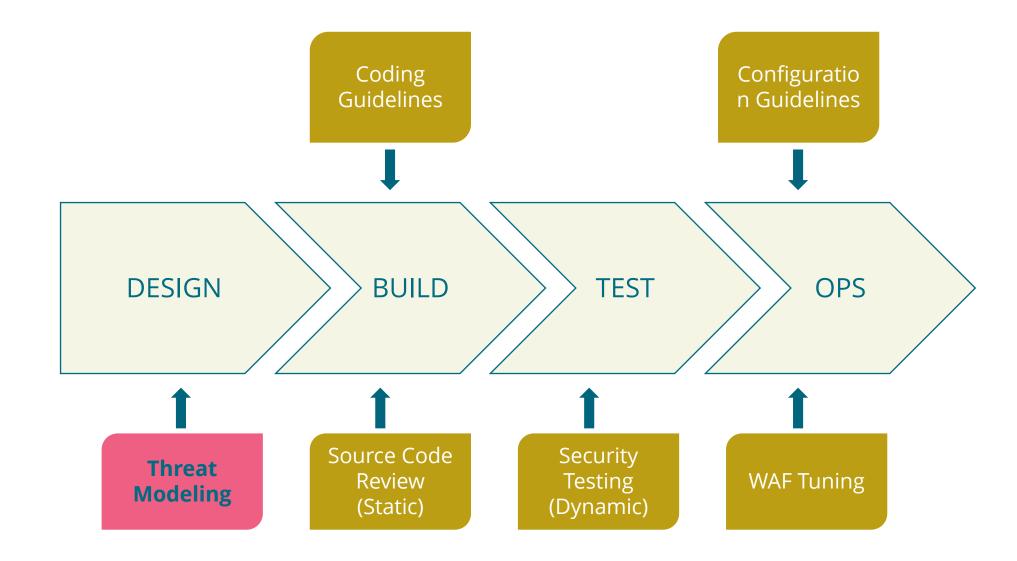
Threat Modeling



Threat modeling

Threat modeling is the activity of identifying and managing application risks

Secure development lifecycle





Threat modeling stages – DICE framework

Why perform threat modeling?

- Get team on same page with a <u>shared vision</u> on security
- Prevent security design flaws
- Identify & address greatest risks
- Prioritize development efforts based on risk weighting
- Document due diligence (GDPR, FDA, ...), other examples:
 - NIST included Threat Modeling in the <u>Recommended</u> <u>Minimum Standard for Vendor or Developer Verification</u> <u>of Code</u> in 2021
 - OWASP has added <u>Insecure Design</u> to the OWASP Top 10 in 2021.

Adoption constraints



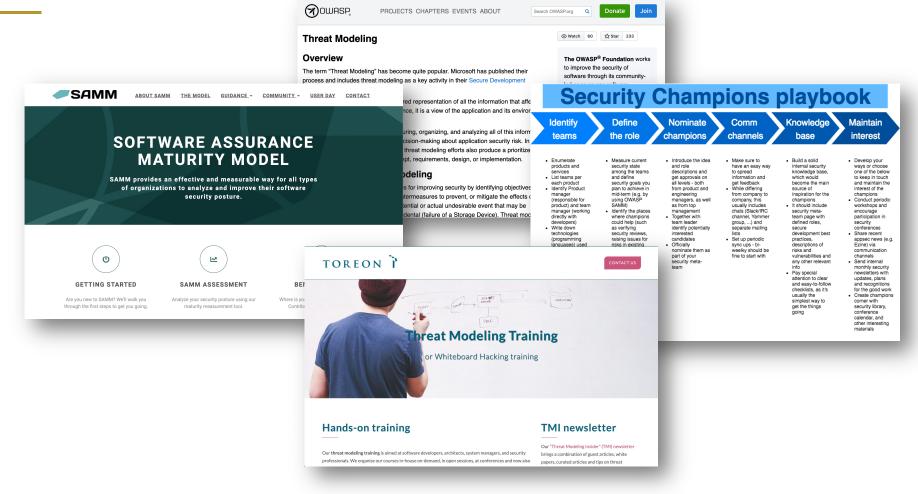
- Generally requires outside security expertise
- Can take a lot of time (costly)
- Difficult to internalize and reproduce across application portfolios and teams
- Tools have limited functionality
- Does not scale





Leveling up - we need a playbook

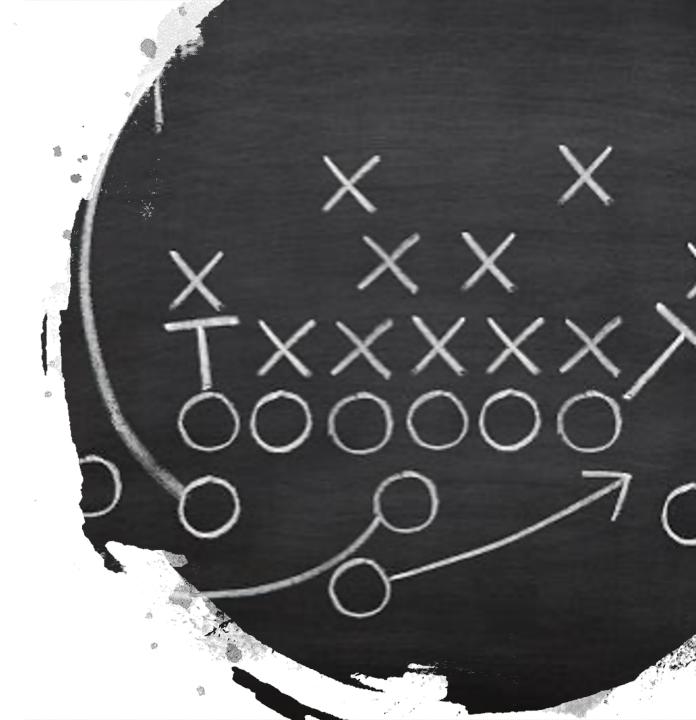
Pulling it together



https://owaspsamm.org/ https://github.com/cOrdis/security-champions-playbook https://owasp.org/www-community/Threat_Modeling

How a playbook will help us

- Translate vision and strategy into tactics
- American Football → Plays selected depending on
 - position on the field,
 - strengths and weaknesses of the opposition
 - and the stage of the game.
- Translates well to threat modeling: need to understand offense and defense
- Gamification increases adoption



Level up your threat modeling game

Threat Modeling Playbook



- Involve people and allocate time
- Inject TM
 expertise
- Show threat modeling ROI
- Establish context
 Assess and treat risk
- Monitor and
- review
- Communicate

- Identify stakeholders
- Create TM specialist role
- Train your people
- Create a positive TM culture

- Understand current
 process
- Introduce application risk levels
- Choose a TM methodology
- Perform and persist
- the TM
- Integrate with risk
 framework
- Follow up TM action items
- Optimize methodology
 and risk calculation

- Select the right tools
- Process the tools outcome
- Integrate in your TM methodology





Get stakeholder buy-in



Involve people and allocate time

- Who is involved?
- Stakeholder costs and obstacles?
- What are potential gains?

Business stakeholders

Management

Application owner

Architect

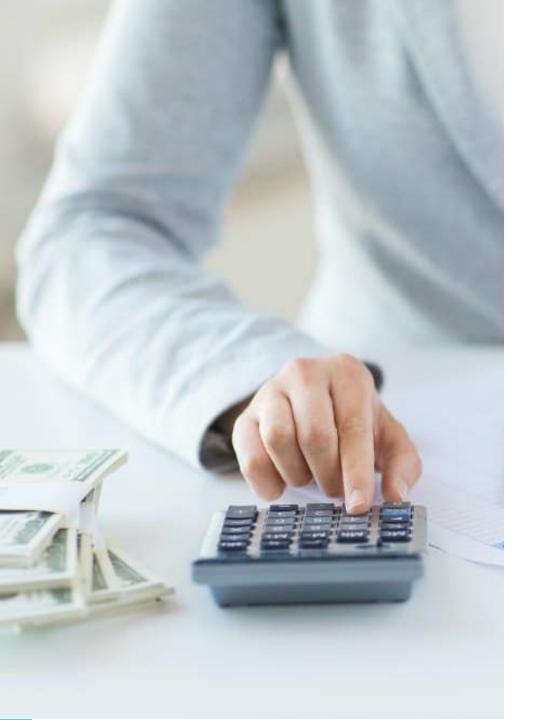
Developer

Security and/or DevOps engineer

Project manager

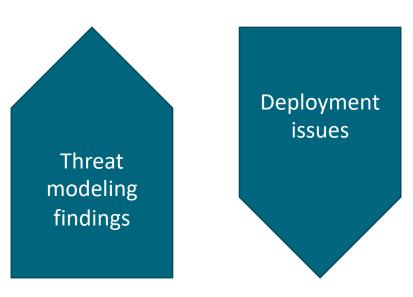
Inject threat modeling expertise





Demonstrate ROI

- Your threat models need clear and actionable outcomes
- Balance threat models with project constraints
- Link threat models to development and security artefacts
 - User stories
 - Bug fixes
 - Incidents
 - JIRA tickets ...



OWASP resources

- OWASP Top 10
 - https://owasp.org/www-project-top-ten/
- OWASP Threat Modeling Slack channel
 - https://owasp.slack.com/archives/C1CS3C6AF



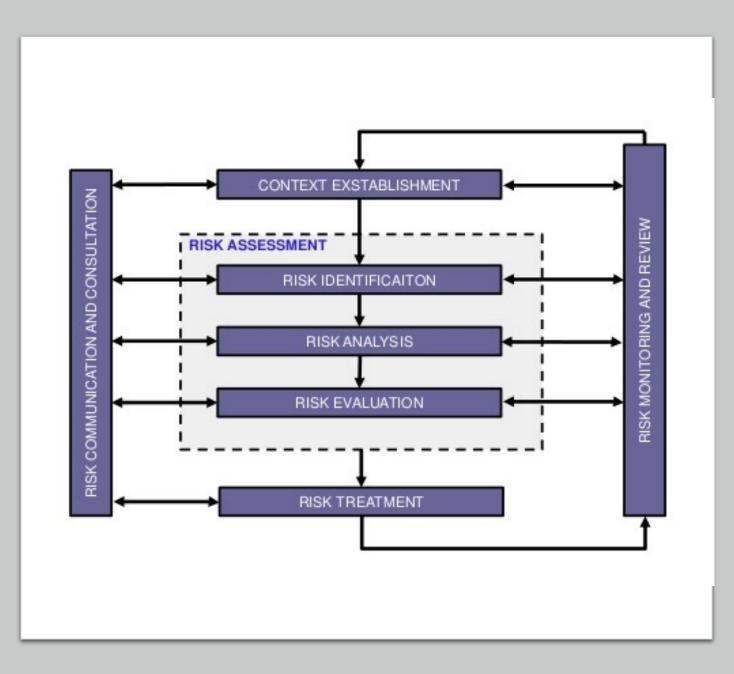


Embed in your organization

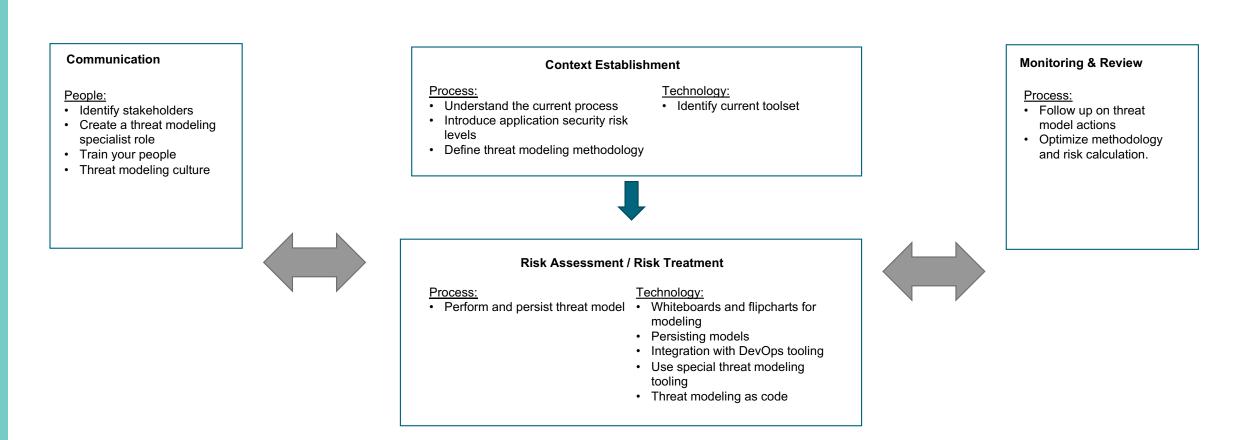


Embed in your organization

- Integrate in your risk management process
- If not available, consider ISO 27005:2018 standard (Information security risk management)
- Link to people, processes and technology framework



PPT framework mapped to ISO 27005



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OWASP resources

- OWASP SAMM
 - https://owaspsamm.org/model/design/threat-assessment/stream-b/
- OWASP Threat and Safeguard Matrix (TaSM)
 - https://owasp.org/www-project-threat-and-safeguard-matrix/





Train your people to TM



Identify stakeholders

threat modeling is best performed within a core team of limited size

Role	Motivation			
Business stakeholder	Ensure that business value and potential business impact is clear.			
Architect	Provide a high-level overview of the application ecosystem and the underlying rationale.			
Developer	Provide details on used libraries, frameworks, and coding guidelines.			
Security and/or DevOps engineer	Ops Provide details on existing security and/or infrastructure configuration.			
Project manager	Validate proposed mitigations in terms of timing and budget.			
Threat model specialist	Ensure proper execution of the threat model process.			

Create a threat modeling specialist role

- Primary purpose: incorporate TM practices and security culture
- Typically floating specialists supporting the squads
- Provide threat modeling advice, support squads, and drop in for a sprint or two
- <u>Step 1</u> carve out this role
- **<u>Step 2</u>** hire candidate specialists

WANTED: Threat Modeling Specialist

Responsibilities

- Act as a threat model point of contact for the squads and their security champions.
- Responsible for leading threat model-related activities within the squad.
- Act as a liaison between the stakeholders and squad members.

Tasks

- Raise the overall security awareness and threat modeling knowledge within the squads.
- Organizes and facilitates threat modeling workshops for the squads.
- Assures that lessons learned of threat modeling is communicated towards the squads.
- Develops and improves your organization threat modeling methodology.
- Selects, introduces, and maintains threat modeling tooling to support and automate your
 organization threat modeling practice.
- Lead efforts in identification and remediation of weaknesses and vulnerabilities in the product design and development processes of the squads.
- Develop security-focused user stories for squads using agile development strategies and designing unit and integration tests together with the squad's test engineer.
- Organize threat modeling education and training, advocate for security-focused culture changes, and recruit, mentor, and train additional threat model specialists and squad champions.

Required skills and experience

- At least 2 years of experience in threat modeling.
- Expert knowledge of threat model techniques and tools.
- Excellent communication and meeting moderation skills.
- Proven to be a team player.
- Have an interest in security and willingness to learn and grow to meet the security needs of the squads.
- Knowledge of security concepts, tools, and practices in development (automated security testing, dependency checking) are a plus.

Train your people

Minimal threat modeling training curriculum

- Threat modeling as part of a secure development lifecycle
- The threat modeling stages and process
- Threat modeling methodologies (covering at least STRIDE¹)
- Diagramming
- Threat identification
- Threat mitigation
- Risk management concepts
- Hands-on exercises, preferably based on your organization systems

- Involved staff need to understand the why and how
- Organize lunch & learn sessions for your squads
- Perform threat modeling demos
- Do role-based training
- Include organization specific playbooks and templates, examples, and lessons learned
- Adapt to your technology stack and project governance.

Create a positive threat modeling culture

- Threat modeling is not an audit!
- Assure common understanding of terminology and concepts
- No-blame culture, learn from mistakes
- Leave your ego at the door
- Translate your threat model outcome to the target audience
- Align the team on a shared vision on product security

OWASP resources

- OWASP Threat Model Cookbook
 - https://owasp.org/www-project-threat-model-cookbook/



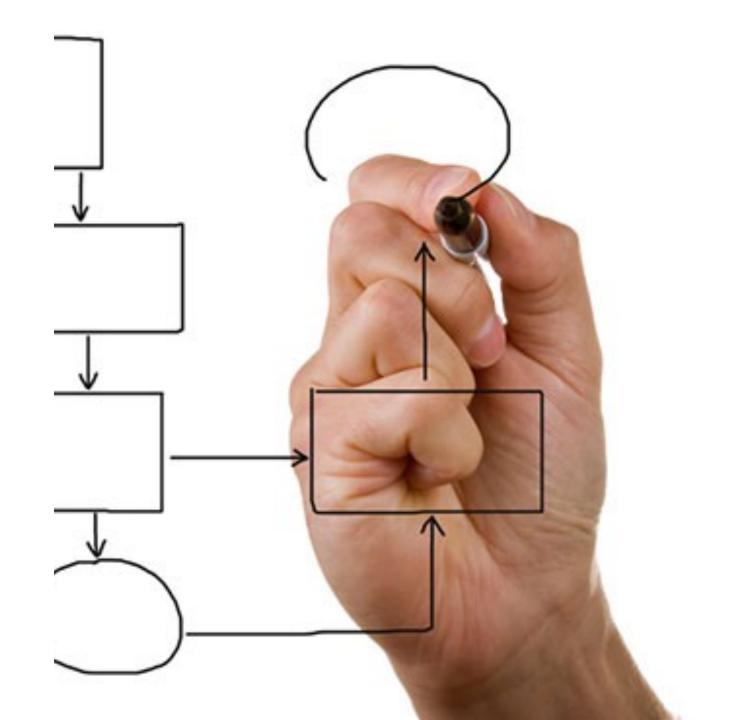


Strengthen your TM processes



Understand your current process

- Align on OWASP SAMM
- What is current process?
 - What?
 - When?
 - Inputs & outputs?
 - Steps taken?
- Draw overview
- Map on this playbook



Introduce application risk levels

Order your applications in different risk "buckets"

Choose a threat modeling methodology

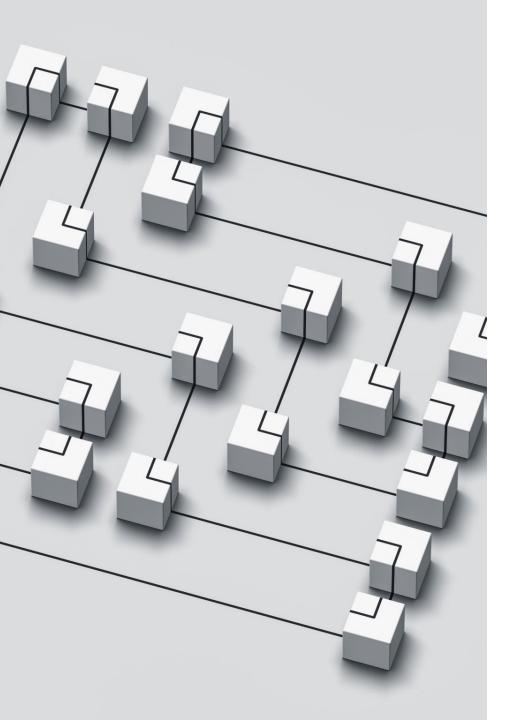
- Lots of methodologies available
- Is it sound?
 - Model based
 - Traceable
 - Systematic
 - Business integration
 - Context aware
 - Scalable
- Will it work for you?
- Should at least cover "4 question" framework



Integrate with your risk management framework

- Agree on how to handle TM findings
- Embed in your framework (or consider ISO 27005)
- Essential components:
 - Risk levels
 - Risk level implications
 - Risk escalation and acceptance
 - Risk review process

		Consequence						
		Negligible 1	Minor 2	Moderate 3	Major 4	Catastrophic 5		
2)	5 Almost certain	Moderate 5	High 10			Extreme 25		
	4 Likely	Moderate 4	High 8	High 12		Extreme 20		
	3 Possible	Low 3	Moderate 6	High 9	High 12	Extreme 15		
	2 Unlikely	Low 2	Moderate 4	Moderate 6	High 8	High 10		
	1 Rare	Low 1	Low 2	Low 3	Moderate 4	Moderate 5		



Perform and persist the threat model

- Once created, persist or store your threat model for later reference
- Threat modeling <u>supporting files</u>: e.g. data flow diagrams, architectural drawings, questionnaires, documentation, meeting minutes or STRIDE analysis ...
- <u>Risks</u> identified in the threat model.
 - Stored in the risk register, stored in a bug/user-story system, ...
 - For each identified risk you should include a risk level and the agreed upon follow-up action.



Agree on mitigations and follow-up actions

- Who is accountable for the progress and due date?
- What is the current status of the mitigation?
- What is the risk of the mitigation?
- Who is responsible for the execution / implementation? What are the actions that are needed?
- What is the current state of each of the actions needed to finish this mitigation?

Optimize methodology and risk calculation

- Reuse artefacts: diagrams, risk calculations, user stories
- Hook into and adapt:
 - Penetration testing
 - Compliance needs
 - Audit findings
 - Quality of service levels
- Input to test automation, penetration testing, training, awareness
- Align and standardize risk calculation across teams



OWASP resources

- OWASP Threat Modeling overview
 - https://owasp.org/www-community/Threat_Modeling
- OWASP Threat Modeling process
 - https://owasp.org/www-community/Threat_Modeling_Process
- OWASP Threat Modeling Cheat Sheet
 - https://cheatsheetseries.owasp.org/cheatsheets/Threat_Modeling_Cheat_Sheet.html
- OWASP Threat Modeling Project
 - https://owasp.org/www-project-threat-model/
- OWASP Risk Rating Methodology
 - https://owasp.org/www-community/OWASP_Risk_Rating_Methodology





Innovate with TM technology



Select the right tools

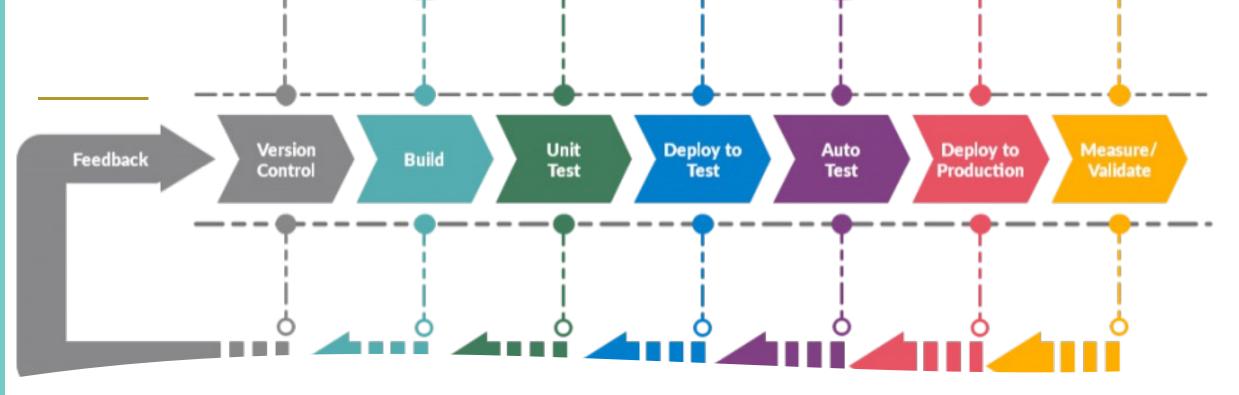
- Start with basic tools, such as flipcharts & whiteboards
- Consider remote collaboration tools
- Select threat modeling tool that fits your methodology
- Growing market of open-source and commercial tools





Tool outcomes

- Primary functions and outputs:
 - Create and collaborate on threat models
 - Persist threat models
- Support objective, risk-based approach to mitigate threats
- Cover: awareness, risk documentation, input for other (security) activities, share threat modeling knowledge, ...
- Support access control and operational needs



Integrate in YOUR methodology

- Never change your process to accommodate a tool
- Fit your DevOps pipelines:
 - Reuse your team tools
 - Reuse diagrams and diagramming tools
 - Integrate with knowledge repository
 - Track actions in team ticket system
 - Reuse security scoring system
- Consider "threat modeling as code"

OWASP resources

- OWASP Threat Dragon
 - https://owasp.org/www-project-threat-dragon/
- OWASP pytm
 - https://owasp.org/www-project-pytm/
- OWASP Threatspec
 - https://owasp.org/www-project-threatspec/
- OWASP Ontology Driven Threat Modeling Framework
 - https://owasp.org/www-project-ontology-driven-threat-modeling-framework/





Open sourcing our playbook

Level up (y)our threat modeling game

Threat Modeling Playbook



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 expertise
- Show threat modeling ROI

- Establish context
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Open sourcing "our" playbook

- Donated to the OWASP threat modeling project
- Free to use!
- Increase the impact of threat modeling globally
- Community feedback, input for next cycle ...





https://github.com/OWASP/threat-model-playbook

Demo

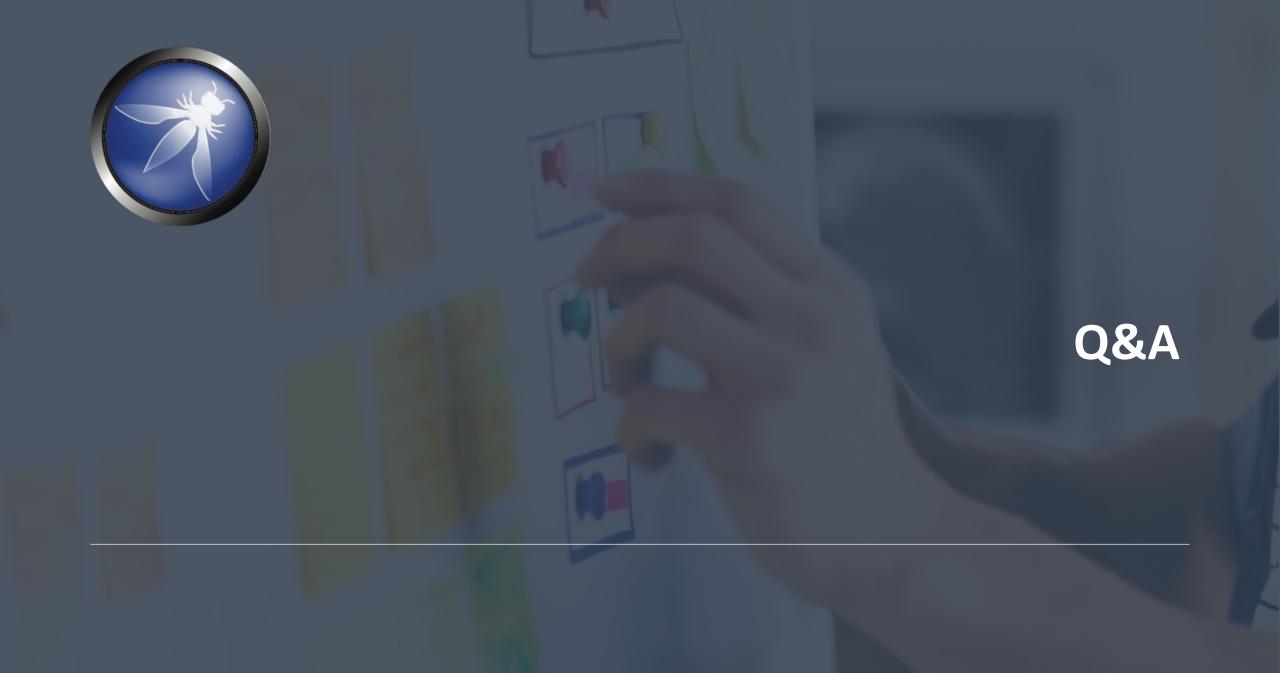
<u>https://github.com/OWASP/threat-model-playbook</u>

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playbook	added inline references		15 hours ago	Releases	
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Call to action

- Download & use it !
- Let us know what works
- Let us know what does not work
- Collaboration on version 2





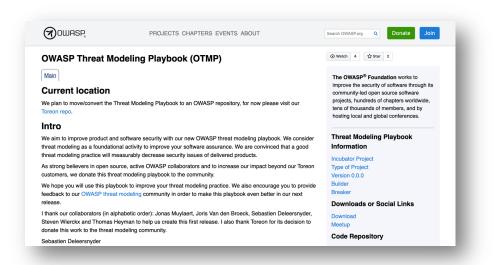
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Online



https://github.com/OWASP/threat-model-playbook



https://owasp.org/www-project-threat-modeling-playbook/

Stay in touch!

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- Subscribe to our Threat Modeling Insider "TMI" newsletter: <u>https://www.toreon.com/tmi-threat-modeling/</u>
 - Next open trainings:
 - Advanced Whiteboard Hacking aka Hands-on Threat Modeling (Black Hat USA) (2-day training on 6 or 8 August)
 - Threat Modeling Medical Devices training (through DPI) (next cohort start on 19-Aug) - <u>https://www.dp-institute.eu/en/courses/threat-modeling-medical-devices/</u>
 - Threat Modeling Practitioner training (through DPI) (next cohort start on 12-Sep) - <u>https://www.dp-institute.eu/en/courses/threat-modeling-practitioner-training/</u>



Thank you